

# Child Nutrition Services



Back to School  
2019-2020

## Mission Statement

Our mission is to provide nutritious, high quality, cost effective meals that provide students with healthy choices for developing positive life-style decision making.

## YOUR GUIDE TO SCHOOL MEALS

### CAFETERIA CONTACTS

Allisonville	842-0783
Clearwater	259-5482
Crooked Creek	259-5444
Fox Hill	259-5382
Greenbriar	259-5493
Nora	844-6656
Spring Mill	259-5483
Willow Lake	280-3705
Eastwood	259-5411
Northview	259-5430
Westlane	259-5410
North Central	259-5325

### LUNCH PRICES

\$2.35	Grades K-5
\$2.50	Grades 6-12
\$0.40	Reduced
\$0.50	Milk only (All Students)

### FOOD ALLERGIES

Students with allergies are permitted food substitutions only when a medical statement from a doctor is on file with the school.

## Understanding the Lunch Line: A Parent's Guide

Each day, your child is offered a lunch containing the following:

**Meat or Meat Alternate,**  
**Grain, Fruit, Vegetable**  
**and of course, Milk!**

While the most nutritious lunch contains all of these options, we understand that sometimes our students do not like some of the items we serve. To make our students happy, we like to give them the option to decline items

Out of the five food groups your student is offered, the student must choose at least three food groups for their meal. One of the food groups must be a **fruit** or **vegetable**. Some of the menu choices may count as two food groups such as pizza, nachos, cheeseburger, or a chef salad!

Here's an example menu:

**Cheeseburger** on a **Bun**  
1/2 cup **Carrots**  
1 cup **Mixed Green Salad**  
1/2 cup **Peaches**  
8 oz. of **Milk**

So, your child *could* choose:

**Cheeseburger** on a **Bun** and **Salad**  
**Carrots, Peaches** and **Milk**

or

**Cheeseburger** on **Bun**,  
**Peaches** and **Milk**

Of course they can take other combinations or all five food groups!  
**The choice is theirs!**

Start your day the right way...

## SCHOOL BREAKFAST The Fuel for School

School breakfast will give you MORE energy, keep your body healthy and help improve your grades.

Served in all 11 schools and costs only \$1.50.

Check with your school for serving times and locations.

## MyPayments Plus

Help us speed up our lunch lines and give our students more time to eat:

- \* Register for this great service at absolutely no cost to you
- \* Pre-pay into your student's lunch account with no fee
- \* Get email reminders when your student's balance is low

If your student has been charging or has outstanding dues, your balance can be paid right away!

VISIT [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com) TODAY!



## Free and Reduced Meal Applications

Free and Reduced Price Meals are available to families who qualify. A **new application must be completed every school year** beginning July 17, 2019, **unless you are otherwise notified that your student has been pre-approved through Direct Certification.** **Only one (1) Free or Reduced Meal application is required per family.** Incomplete applications **cannot** be approved, so please fill out all required information. If your family chooses to apply, there are **four** ways to do so:

1. Complete an application online for quick processing. Go to **http://café.msdt.k12.in.us**. Results in 48 hours.
2. Print a paper application and instructions. Go online to [www.msdt.k12.in.us](http://www.msdt.k12.in.us), click Child Nutrition/Spoon Icon, click Download Meal Application in English or Spanish and print to complete.
3. Pick up a paper application and instructions at any school or the H. Dean Evans Community & Education Center.
4. Call the Child Nutrition office at 317-205-3332, extension 77211 and request that one be mailed to you.

All completed paper applications can be returned to any school office, cafeteria or mailed to the H. Dean Evans Community & Education Center, Attention: Child Nutrition, Free and Reduced, 8550 Woodfield Crossing Blvd, Indianapolis, IN 46240. Applications can be faxed to 317-205-3385. You will be notified by phone, mail or email of your student's status within 10 working days.

### **Until notification you MUST provide your child with a lunch from home or money to pay for their lunch.**

Factors considered in the application process are **household size** and **total household** gross income. **HOUSEHOLD SIZE** is considered all persons, related or unrelated, including parents, children and grandparents who live in your home and share living expenses. The **TOTAL HOUSEHOLD GROSS INCOME** is the income each household member received last month **before** taxes. This includes wages, social security, pension, unemployment, welfare, child support, alimony, and any other cash income. Other determining factors include being a recipient of SNAP (Food Stamps), TANF, FDPIR or Medicaid. **All case numbers will be verified before processing.** Foster children are eligible for free meals regardless of household income but must complete an application for processing.

Students who attended a Washington Township School and participated in the Free and Reduced meal program may eat on last year's free or reduced status for the first 30 days of the school year **or until a new application is approved.** **During the first 30 days of the school year the student's status will change immediately once the 2019-20 application has been processed.**

*MSDWT **will not** send a reminder or a notice of expired eligibility when the 30 day grace period ends on September 12, 2019.*

**Account Balances:** At the start of the school year, account balances from the previous year follow the student to the school where they are enrolled. Any positive or negative balance on the account from the previous year will still be there for the new school year.

**Charge Policy:** All cafeteria purchases are encouraged to be prepaid before meal service begins. Parents can deposit money directly into their student's cafeteria account by registering at **www.mypaymentsplus.com** at no cost. Cash or checks can also be sent to the cafeteria to be deposited into your student's account. Per USDA guidelines, Washington Township is not allowed to incur negative debt from unpaid meal charges. However, we recognize that there are circumstances that may cause a **student** to not have money in their account. Please visit your student's handbook or website to learn more about meal charges in their school cafeteria.

**Purchasing School Meals:** The school cafeteria uses a computerized cash register system. Every student has an account and ID number. To access the account at mealtime, a student scans their Photo ID card. Once the account is accessed, all students use the system in the same way. When a cashier rings up breakfast, lunch or à la carte items, the total amount of the sale is deducted from the prepaid balance in the account. When a student owes money or does not have enough on the account, the student may pay with cash at the time of purchase.

### Child Nutrition Office

Visit [www.msdt.k12.in.us](http://www.msdt.k12.in.us) for menus and information  
Follow us on Facebook: MSDWT Child Nutrition

Phone: 317.205.3332  
Fax: 317.205.3385

