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## FOR IMMEDIATE RELEASE

### METHODIST SPORTS MEDICINE AND NORTH CENTRAL HIGH SCHOOL ATHLETICS EARN SAFE SPORTS SCHOOL AWARD

**INDIANAPOLIS – June 12, 2014** – North Central High School is the first Indianapolis area high school athletic program to receive the *Safe Sports School Award* by the National Athletic Trainers Association (NATA). *The Safe Sports School Award* recognizes secondary schools that take crucial steps to keep their athletes free from injuries.



Led by team physician Arthur C. Rettig, M.D, Methodist Sports Medicine has provided orthopedic sports medicine coverage at North Central for more than 25 years. Athletic trainers Danielle Tucker and Miho Sayles are part of the current sports medical coverage team.

"This is a prime example of the hard work and dedication that all of our outreach staff display toward young athletes at all of our schools, teams and youth organizations," said Peter I. Sallay, M.D., president of Methodist Sports Medicine. "While North Central is our first school to receive this distinction, we currently have several others being evaluated and anticipate them being added to the list."

(L-r) Danielle Tucker, ATC, Chuck Jones, Athletic Dir., Anita Walther, Admin. Asst., Paul Logan, Asst. AD, Miho Sayles, ATC

North Central earned a "first team" designation for the Safe Sports School Award for acting on all of the recommended and required elements which include:

- Venue emergency action plan
- Pre-participation physicals
- Communication with parents regarding athletic participation and safety precautions
- Proper equipment maintenance and fitting
- Permanent areas for injury evaluation and treatment

- Health care team for AED and CPR
- Nutritional counseling
- Safe practice facilities

As an NATA Safe Sports School Award recipient, North Central received a banner to display and recognition on the NATA consumer website. The award is granted for a three-year period.

### **About Methodist Sports Medicine**

Methodist Sports Medicine is central Indiana's premier provider of comprehensive orthopedic services and has built its reputation on excellence in sports medicine and orthopedic care for more than 25 years. Official team physicians of the NFL's Indianapolis Colts, as well as many high schools, colleges, and other professional teams, 100 percent of the group's orthopedic surgeons are fellowship trained, board certified, and leaders in new technologies, procedures and research. For more information, please visit [www.methodistsports.com](http://www.methodistsports.com)

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